I want to thank you for allowing us to share their experience and to show our gratitude for a debt which we can never fully repay.

FOR RUTHANN: PASS THE KEEP YOUR HEALTH PLAN ACT

(Ms. FOXX asked and was given permission to address the House for 1 minute.)

Ms. FOXX. Mr. Speaker, the promises upon which ObamaCare was built are crumbling.

Ruthann from Hickory, North Carolina, is a healthy 61-year-old. Last month, she received this letter from her insurance provider:

Dear Ruthann,

Due to Affordable Care Act regulations, your current . . . medical plan will no longer be offered for 2014 . . . The monthly premium for your new plan will be \$738.05.

Ruthann is right to be frustrated by this news.

Today, she pays \$396 each month for a plan with a lower deductible that covers the services she needs. Paying \$350 more each month is out of the question for Ruthann and her family.

Her next best option under ObamaCare is to pay \$510 a month for a higher deductible plan that will force her to pay out of pocket for some of the basic tests and procedures her current insurance provides.

Ruthann says:

In effect, I am now relegated to a policy that will only be helpful in case of a catastrophic illness resulting in hospitalization.

How is that anything resembling "affordable care?"

AID TO THE PHILIPPINES

(Ms. MENG asked and was given permission to address the House for 1 minute.)

Ms. MENG. Mr. Speaker, I rise today to reaffirm the solidarity between the United States and the Philippines at this tragic time.

As the people of the Philippines rebuild their infrastructure, aid their injured, and mourn their deceased, the U.S. must remain a beacon of international humanitarian leadership.

Since the landfall of Typhoon Haiyan on November 8, 2103, the United States Government has provided over \$20 million in immediate humanitarian assistance, shipping vital necessities like shelter, water, hygiene kits, plastic sheeting, and over 55 metric tons of emergency food provisions to Tacloban City and other devastated regions.

This aid is desperately needed. The typhoon has impacted 8 million Filipinos and taken the lives of nearly 3.400 people—a number expected to rise.

The tragedy has also touched the 17,000 people of Filipino heritage living in my district in Queens, New York. To them, I offer unwavering support and an unflinching resolve to do everything possible to help those affected overseas.

GET GOVERNMENT OUT OF THE WAY AND PUT AMERICANS BACK TO WORK

(Mr. YODER asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. YODER. Madam Speaker, Americans want Congress to support policies that help put our Nation back to work. Creating jobs is the key to improving our economy.

However, too often, government stands in the way of job creation by imposing costly regulations on businesses and municipalities, creating uncertainty and hindering job growth.

I recently visited a wastewater treatment facility in my district. While there, I learned that new EPA mandates, specifically on wet weather wastewater treatment, will increase costs on Johnson County, Kansas, ratepayers by 25 percent.

New EPA regulations on an energy plant in Kansas City, Kansas, will force the board of public utilities to make modifications—\$250 million in costs—resulting in a 15 to 20 percent monthly increase in the average electric bill to consumers, families, and businesses in Wyandotte County, who are already feeling the crunch of hard economic times.

These regulations are essentially hidden taxes on Kansas families, many of whom are already pinching pennies to pay their bills.

Madam Speaker, regulations do not create jobs. Let's get government out of the way and let's put Americans back to work.

HONORING COUNCILWOMAN MAXINE HERRING PARKER

(Ms. SEWELL of Alabama asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. SEWELL of Alabama. Madam Speaker, I rise today to pay tribute and honor to the life and legacy of Birmingham City Council President Maxine Herring Parker, who passed away suddenly on Tuesday, November 12, 2013.

Councilwoman Parker was the epitome of grace, class, and firm yet gentle leadership. With her signature flower lapels to accentuate her immaculate appearance, this soft-spoken leader personified womanhood while serving as a great source of strength for her family and community.

Her love of family was second only to her love of her constituents in Birmingham City Council District 4. Through her 8-year tenure on the city council in Birmingham, Alabama, Councilwoman Parker was best known for her advocacy for environmental justice on behalf of her constituents in north Birmingham. In 2011, as a result of her tireless advocacy, the Environmental Protection Agency began its first major intervention in the area.

Today, that environmental cleanup still exists

On behalf of our Nation, the State of Alabama, and the city of Birmingham, I am honored to pay tribute to the life and legacy of this phenomenal woman. She was indeed one of the most passionate community servants of her time. Let us all commit to continuing Councilwoman Parker's legacy of passion and concern for others.

I ask my colleagues to join me in honoring the life and legacy of Birmingham City Council President Maxine Herring Parker.

AID TO THE PHILIPPINES

(Mr. AL GREEN of Texas asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. AL GREEN of Texas. Madam Speaker, I am continuing the mission of mercy that started right after the typhoon hit the Philippines.

Madam Speaker, I am here to express my gratitude to the President of the United States of America. I just heard him speak of how the United States would do all that it can to help the people of the Philippines.

I am also grateful to the members of my community. We have approximately 40,000 persons of Filipino ancestry living in the Houston area. A good many of them are persons that I represent. I am honored to tell you that they are working tirelessly to do all that they can to help their brothers and sisters in the Philippines.

These are difficult times, but I am honored to say it is my belief that, with our help, we will be able to help the people of the Philippines get through this tragic circumstance.

There are two resolutions. H. Res. 404 is sponsored by Members ENGEL and ROYCE, ranking member and chair of the Foreign Affairs Committee. H. Res. 408 is sponsored by Members Speier and Honda. I want to compliment them for what they have done.

IN SUPPORT OF THE AFFORDABLE CARE ACT

(Mr. JOHNSON of Georgia asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. JOHNSON of Georgia. Madam Speaker, I rise in continued support of the Affordable Care Act and the promise of high quality, affordable health care for all.

Republicans and right-wing media are obsessed with problems about healthcare.gov. This law is more than just a Web site. It is affordable, quality health insurance for everyone. The majority of Americans who purchase their insurance purchase it outside of the individual market plan. Those individuals who purchase through their employers' offerings will suffer a price increase if the Upton legislation, which will be coming before us shortly,